



PAC-10 NEWS

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2009-10 PACIFIC-10 CONFERENCE MEN'S BASKETBALL HONORS JEROME RANDLE NAMED MEN'S BASKETBALL PLAYER OF THE YEAR; DERRICK WILLIAMS EARNS FRESHMAN OF THE YEAR HONORS; SETH TARVER EARNS DEFENSIVE PLAYER OF THE YEAR HONORS; NIKOLA VUCEVIC EARNS MOST IMPROVED PLAYER OF THE YEAR; HERB SENDEK HONORED AS COACH OF THE YEAR

WALNUT CREEK, Calif., – In a vote of the 10 Conference coaches, CALIFORNIA senior guard **Jerome Randle** has been named the 2009-10 Pacific-10 Men's Basketball Player of the Year, ARIZONA forward **Derrick Williams** has been named Pac-10 Freshman of the Year; OREGON STATE senior guard/forward **Seth Tarver** has been named Pac-10 Defensive Player of the Year; USC sophomore forward **Nikola Vucevic** has been named Pac-10 Most Improved Player of the Year and **Herb Sendek** of ARIZONA STATE is the Pac-10 Coach of the Year, Commissioner Larry Scott announced today.

The Complete Conference Honors:

ALL-PAC-10 TEAM

FIRST TEAM

Name	School	Pos	Yr	Ht	Wt	Hometown (Last School)
Ty Abbott	ASU	G	Jr.	6-3	207	Phoenix, Ariz. (Desert Vista HS)
Patrick Christopher	CAL	G	Sr.	6-5	215	Compton, Calif. (Dominguez HS)
Landry Fields	STAN	G/F	Sr.	6-7	200	Long Beach, Calif. (Los Alamitos HS)
Quincy Pondexter	WASH	F	Sr.	6-6	215	Fresno, Calif. (San Joaquin Memorial HS)
Jerome Randle	CAL	G	Sr.	5-10	160	Chicago, Ill. (Hales Franciscan HS)
Michael Roll	UCLA	G	Sr.	6-5	200	Aliso Viejo, Calif. (Aliso Niguel HS)
Isaiah Thomas	WASH	G	So.	5-8	180	Tacoma, Wash. (South Kent School, Conn.)
Klay Thompson	WSU	G	So.	6-6	200	Ladera Ranch, Calif. (Santa Margarita HS)
Derrick Williams	ARIZ	F	Fr.	6-8	235	La Mirada, Calif. (La Mirada HS)
Nic Wise	ARIZ	G	Sr.	5-10	180	Houston, Texas (Kingwood HS)

SECOND TEAM

Name	School	Pos	Yr	Ht	Wt	Hometown (Last School)
Jamal Boykin	CAL	F	Sr.	6-8	230	Los Angeles, Calif. (Duke/Fairfax HS)
Jeremy Green	STAN	G	So.	6-4	190	Austin, Texas (Bowie HS)
Calvin Haynes	OSU	G	Jr.	6-2	185	Reseda, Calif. (South Kent Prep)
Theo Robertson	CAL	F	Sr.	6-6	225	Pittsburg, Calif. (De La Salle HS)
Nikola Vucevic	USC	F	So.	6-10	220	Bar, Montenegro (Stoneridge Prep)

Honorable Mention (receiving at least three votes): DeAngelo Casto (WSU, So., F), Derek Glasser (ASU, Sr., G), Dwight Lewis (USC, Sr., G), Roeland Schaftenaar (OSU, Sr., F/C), Seth Tarver (OSU, Sr., G/F).

PAC-10 ALL-FRESHMEN TEAM

Name	School	Pos	Ht	Wt	Hometown (Last School)
Tyler Honeycutt	UCLA	F	6-9	180	Los Angeles, Calif. (Sylmar HS)
Trent Lockett	ASU	G	6-4	211	Minnetonka, Minn. (Hopkins HS)
Reggie Moore	WSU	G	6-2	178	Seattle, Wash. (Brewster Academy, N.H.)
Reeves Nelson	UCLA	F	6-8	225	Modesto, Calif. (Modesto Christian HS)
Derrick Williams	ARIZ	F	6-8	235	La Mirada, Calif. (La Mirada HS)

Honorable Mention (receiving at least three votes): E.J. Singler (ORE, G/F).

PAC-10 ALL-DEFENSIVE TEAM

Name	School	Pos	Yr.	Ht	Wt	Hometown (Last School)
DeAngelo Casto	WSU	F	So.	6-8	231	Spokane, Wash. (Ferris HS)
Jorge Gutierrez	CAL	G	So.	6-3	185	Chihuahua, Mexico (Findlay College Prep (Nev.))
Justin Holiday	WASH	F	Jr.	6-6	180	Chatsworth, Calif. (Campbell Hall HS)
Venoy Overton	WASH	G	Jr.	5-11	185	Seattle, Wash. (Franklin HS)
Seth Tarver	OSU	G/F	Sr.	6-5	205	Portland, Ore. (Jesuit HS)

Honorable Mention (receiving at least three votes): Eric Boateng (ASU, Sr., C), Patrick Christopher (CAL, Sr., G), Marcus Johnson (USC, Sr., F), Nikola Vucevic (USC, So., F).

PLAYER OF THE YEAR: Jerome Randle, California
FRESHMAN OF THE YEAR: Derrick Williams, Arizona
DEFENSIVE PLAYER OF THE YEAR: Seth Tarver, Oregon State
MOST IMPROVED PLAYER OF THE YEAR: Nikola Vucevic, USC
COACH OF THE YEAR: Herb Sendek, Arizona State

PAC-10 PLAYER OF THE YEAR

RANDLE becomes the fifth California player to earn Pac-10 Player of the Year, joining Jason Kidd (1994), Shareef Abdur-Rahim (1996), Ed Gray (1997) and Sean Lampley (2001). Randle led the Bears to their first Pac-10 title since 1960. He topped the team in scoring (18.7 ppg/4th in Pac-10), and was among the league leaders in assists (4.5 apg/2nd in Pac-10), three-point field goals per game (2.7 pg/2nd in Pac-10), three-point field goal percentage (.404/7th in Pac-10) and free throw percentage (.927/1st in Pac-10). He's posted 20 or more points 14 times this season, including a career-high 39 at Washington State (Jan. 14). With 1,745 career points, he only trails Sean Lampley (1,776 points) on California's all-time scoring list. He currently owns Cal career records for three-point field goals made (242) and free throw percentage (.876).

PAC-10 FRESHMAN OF THE YEAR

WILLIAMS becomes the sixth Wildcat to earn Pac-10 Freshman of the Year, joining Sean Elliott (1986), Mike Bibby (1997), Michael Wright (1999), Salim Stoudamire (2002) and Chase Budinger (2007). Williams was eight in the league in scoring (15.7 ppg) and fifth in rebounding (7.0 rpg), which led all Pac-10 freshmen. His numbers are more impressive in Pac-10 play as he posted 16.2 points per game and 7.4 rebounds per game. He's the first Wildcat freshman to lead Arizona in rebounding since 1979-80 (Frank Smith, 6.0 rpg).

PAC-10 DEFENSIVE PLAYER OF THE YEAR

TARVER was key in leading the Beaver defense, allowing 61.1 points per game (3rd in the Pac-10) overall, and 60.4 ppg (2nd in Pac-10) in Pac-10 play. He led the league in steals (2.3 spg) and led the team in rebounding (4.7 rpg/19th in the Pac-10). His 69 steals this season are sixth most in school history, while his 176 career steals rank seventh all-time at Oregon State.

PAC-10 MOST IMPROVED PLAYER OF THE YEAR

VUCEVIC led the Pac-10 in rebounding (9.4 rpg) and posted 10 double-doubles this season. He averaged 10.7 points, shooting 50.4 percent from the field (8th in the Pac-10), while collecting 1.3 blocks per game (6th in the Pac-10) in an average of 32.3 minutes per game. Last season, Vucevic appeared in 23 of 35 games for the Trojans, averaging 2.6 points and 2.7 rebounds in 11.0 minutes of action per game.

PAC-10 COACH OF THE YEAR

SENDEK, 47, has guided ARIZONA STATE to a second-place finish in the Pac-10 race with a 12-6 league mark, 22-9 record overall. The second-place finish matches Arizona State's best showing in Pac-10 play since the 1980-81 squad finished second with a 16-2 record. Despite losing two NBA draft picks (James Harden and Jeff Pendergraph) and picked to finish seventh in the Pac-10 race in a preseason poll of the media, Sendek led the Sun Devils to their third consecutive 20-win season. Collecting his first Pac-10 Coach of the Year honor, he now has earned Coach of the Year honors in three different leagues - Mid-American, Atlantic Coast and Pac-10. Only one other Arizona State coach has received Pac-10 Coach of the Year honors - Ned Wulk (1980). Sendek has a career record of 330-212 (.609), while his Arizona State record stands at 76-54 (.585).

THE VOTE: Coach of the Year, All-Conference, All-Freshman, All-Defensive teams and Most Improved Player are voted on by the coaches. Coaches are not permitted to vote for themselves or their own players for the honors.

ALL-TIME PACIFIC-10 CONFERENCE MEN'S BASKETBALL HONORS

SEASON	PLAYER OF THE YEAR	FRESHMAN OF THE YEAR*	DEFENSIVE PLAYER OF THE YEAR	MOST IMPROVED PLAYER OF THE YEAR	COACH OF THE YEAR
2009-10	Jerome Randle, CAL	Derrick Williams, ARIZ	Seth Tarver, OSU	Nikola Vucevic, USC	Herb Sendek, ASU
2008-09	James Harden, ASU	Isaiah Thomas, WASH	Taj Gibson, USC	Justin Dentmon, WASH	Lorenzo Romar, WASH
2007-08	Kevin Love, UCLA	Kevin Love, UCLA	Russell Westbrook, UCLA		Trent Johnson, STAN
2006-07	Aaron Afflalo, UCLA	Chase Budinger, ARIZ			Tony Bennett, WSU
2005-06	Brandon Roy, WASH	Luc Richard Mbah a Moute, UCLA			Ben Howland, UCLA
2004-05	Ike Diogu, ASU	Jordan Farmar, UCLA			Lorenzo Romar, WASH
2003-04	Josh Childress, STAN	Leon Powe, CAL			Mike Montgomery, STAN
2002-03	Luke Ridnour, ORE	Ike Diogu, ASU			Mike Montgomery, STAN
2001-02	Sam Clancy, USC	Salim Stoudamire, ARIZ			Lute Olson, ARIZ
2000-01	Sean Lampley, CAL	Luke Ridnour, ORE			Ernie Kent, ORE
1999-00	Eddie House, ASU	Casey Jacobsen, STAN			Steve Lavin, UCLA
		Jason Kapon, UCLA			Mike Montgomery, STAN
1998-99	Jason Terry, ARIZ	Michael Wright, ARIZ			Lute Olson, ARIZ
1997-98	Mike Bibby, ARIZ	Baron Davis, UCLA			Ben Braun, CAL
1996-97	Ed Gray, CAL	Mike Bibby, ARIZ			Bob Bender, WASH
1995-96	Shareef Abdur-Rahim, CAL	Shareef Abdur-Rahim, CAL			Jim Harrick, UCLA
1994-95	Ed O'Bannon, UCLA	Tremaine Fowkles, CAL			
	Damon Stoudamire, ARIZ				
1993-94	Jason Kidd, CAL	Brevin Knight, STAN			Lute Olson, ARIZ
1992-93	Chris Mills, ARIZ	Jason Kidd, CAL			Lute Olson, ARIZ
1991-92	Harold Miner, USC	Mark Pope, WASH			George Raveling, USC
1990-91	Terrell Brandon, ORE	Jamal Faulkner, ASU			Kelvin Sampson, WSU
1989-90	Gary Payton, OSU	Harold Miner, USC			Jim Anderson, OSU
1988-89	Sean Elliott, ARIZ	Don MacLean, UCLA			Lute Olson, ARIZ
					Ralph Miller, OSU
1987-88	Sean Elliott, ARIZ	Mike Hayward, WASH			Lute Olson, ARIZ
1986-87	Jose Ortiz, OSU	Gary Payton, OSU			Walt Hazzard, UCLA
1985-86	Chris Welp, WASH	Sean Elliott, ARIZ	Keith Morrison, WSU		Lute Olson, ARIZ
		Pooh Richardson, UCLA			
1984-85	Wayne Carlander, USC	Leonard Taylor, CAL	Nigel Miguel, UCLA		Stan Morrison, USC
1983-84	A.C. Green, OSU	Chris Welp, WASH	Butch Hays, CAL		Marv Harshman, WASH
1982-83	Kenny Fields, UCLA	Dave Butler, CAL			George Raveling, WSU
1981-82	Lester Connor, OSU	Johnny Rogers, STAN			Marv Harshman, WASH
1980-81	Steve Johnson, OSU	John Revelli, STAN			Ralph Miller, OSU
1979-80	Don Collins, WSU	Byron Scott, ASU			Ned Wulk, ASU
1978-79	David Greenwood, UCLA	Bryan Rison, WSU			Bob Boyd, USC
1977-78	David Greenwood, UCLA	—			Gary Cunningham, UCLA
1976-77	Marques Johnson, UCLA	—			Dick Harter, ORE
1975-76	Ron Lee, ORE	—			Dick DiBiaso, STAN
					George Raveling, WSU

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